Juliusz Narębski
(1927-1993)
In Memory of Juliusz Narębski

Professor Narębski was born in Włocławek on January 5, 1927. In 1928 his parents moved to Vilnius, where his father took the position of municipal architect, and in 1937 was nominated professor of interior architecture at the Stefan Batory University in Vilnius. Professor J. Narębski spent the war (both German and Russian occupation) in Vilnius where he continued his education in the underground high school. In 1944 joined the Polish Underground Homo Army (Armia Krajowa). In 1945 his family, like many thousands of Poles, moved into Poland’s postwar borders. They settled in Toruń, where the Nicolas Copernicus University was established. Professor Narębski, sen. was nominated a professor and later a dean of the University’s Faculty of Fine Arts.

Professor Juliusz Narębski graduated from high school in Toruń in 1946 and that year entered the Medical School in Gdansk from which he graduated in 1952 as a M.D. Already as a student J. Narębski was employed (1948-1950) at the Department of Biochemistry of the Medical School in Gdansk. After a short period of work at the Toruń hospital, he was employed as a research assistant at the Department of Neurophysiology and Comparative Physiology, of the N. Copernicus University in Toruń. He was connected with this Department through for forty years. In 1960 he obtained his doctorate (Ph.D.) and in 1965 the Doctor of Science degree. In 1975 he was nominated as professor of Physiology.

The research activities of prof. J. Narębski comprised of two fields: (1) comparative physiology of thermoregulation, with special attention to the thermoregulation of the brain, (2) comparative physiology of sleep in its electrophysiological and chronobiological aspect.

In both fields he gained a position which was acknowledged both in Poland and abroad. Professor J. Narębski was a member of Sleep Research Society in the USA, The European Sleep Research Society and The European Thermoregulatory Group. He was a member of the Editorial Board of the Journal of Sleep Research. For more than 25 years he was a member of the Physiological Committee of the Polish Academy of Sciences. He supervised the Ph.D.’s of seven postgraduate students.

Professor J. Narębski was a warm and generous man. He always displayed a spirit of generosity. He was unfailing in his kindness and immediate willingness to help and to share with others. This was especially evident in his dealing with young scientists.

Professor Juliusz Narębski died on July 19, 1993 in Toruń. We shall miss him.

Leszek Janiszewski, Toruń, Poland
List of selected publications of Juliusz Narębski


